

FAQ - NATURESPURE MARINE COLLAGEN

What is collagen?

Collagen is the essential protein that gives our skin strength and elasticity, playing a key role in maintaining a youthful appearance. As we age, collagen production slows down, leading to visible signs of aging.

What is Marine Collagen?

Marine Collagen, derived from fish, boasts smaller peptides for enhanced absorption, promoting radiant and revitalized skin from within. Its bioactive components combat the effects of aging, making it a powerful ally in the pursuit of timeless beauty.

Why do you need NATURESPURE Marine collagen?

NaturesPure Marine Collagen replenishes our body's declining collagen levels as we age.

This premium supplement from NATURESPURE, enriched with marine wonders and essential nutrients, supports skin elasticity, hydration, and overall skin health.

NATURESPURE's age-defying Marine Collagen sachets, mixed with 100 ml of water, offer the delightful taste of Cranberry and Cinnamon, unlocking the secret to looking and feeling better inside and out.

Why choose NATURESPURE Marine Collagen?

- Skin Rejuvenation
- Enhanced Skin Elasticity
- Radiant skin
- Increased Hydration
- Prevents Fine lines
- Naturespure Marine Collagen for Skin Care for Women & Men also
- Enhanced Bone and Joint Health
- Promotes Gut Health
- Healthy & Dense Hair
- Stronger Nails

What's in NATURESPURE Marine Collagen?

- NATURESPURE's Marine Collagen is enriched with a potent blend of essential nutrients
- Marine Collagen Peptide: 8 mg Rejuvenates skin, strengthens hair and nails.
- Vitamin E: 100 mg - Powerful antioxidant with anti-inflammatory properties.
- Maltodextrin – 17 mg

What is the best age to take collagen supplements?

Collagen is helpful for people in their mid-20s and above, since that's when collagen production begins to slow down for both men and women.

When should one start taking NATURESPURE Marine collagen?

It is best to start consuming NATURESPURE Marine collagen as early as possible from the age of 18 onwards to get ample nourishment as a preventive solution rather than a cure. Don't wait till your late 20's to begin this beauty regimen. NATURESPURE Marine collagen may help in combating signs of ageing, which is more effective than reversing it.

Is there vegetarian collagen?

Collagen is an animal protein, which means it has no natural vegetarian sources. “Collagen builders/boosters” are marketing terms to promote products that do not contain collagen peptides and therefore, will not give you their proven benefits.

How long does it take for Marine collagen to work?

Many of the studies available suggest that you'd be able to noticeably see improvements in skin elasticity, hydration, and suppleness anywhere between 8 and 16 weeks of daily regular collagen supplementation.

What are the symptoms of lack of collagen?

Collagen deficiency can lead to symptoms including wrinkles, sagging, thin or flat looking hair, thin & brittle nails, Nail plate discoloration, inflammation.

Should NATURESPURE Marine collagen be taken on an empty stomach?

Marine collagen is one of the best supplements and taking it at the optimal time helps improve absorption efficiency. Take in the morning for maximum absorption efficiency. Ensure that you complement marine collagen with a healthy diet for maximum results.

Can you take collagen peptides forever?

Yes, you can take collagen forever. Collagen is a protein that is found in the connective tissues of animals. It is responsible for giving our skin its strength and elasticity.

How to consume NATURESPURE Marine Collagen?

- Add one sachet of NaturesPure Marine Collagen Powder to 100 ml of water.
- Stir briskly until fully dissolved
- Consume daily for at least 3 months to see visible results

Visible results can be seen in two to three weeks after consistent usage

Note - Consume NATURESPURE Marine Collagen in the morning for maximum absorption efficiency.

What makes NATURESPURE Marine Collagen different?

- Cruelty-free
- Naturally Sourced
- Dairy and soy free
- Gluten-free
- Bio-Available

What is Type 2 Collagen?

Type II collagen is a protein that is made from chains of amino acids. These amino acids, like glycine and proline, are essential to the formation of collagen. It comes in many varieties, such as bovine collagen, chicken collagen, marine collagen, and porcine collagen

What are the Benefits and Uses of the ingredients?

MARINE COLLAGEN PEPTIDE TYPE II

- Improves skin hydration and firmness
- Helps to strengthen hair and nails by repairing skin collagen and elastin
- Helps to keep skin healthy and taut
- Helps in Bone and Joint Health

VITAMIN E

Vitamin E is a fat-soluble, essential nutrient with anti-inflammatory properties. Vitamin E helps support the immune system, cell function, and skin health. It's an antioxidant, making it effective at

combating the effects of free radicals produced by the metabolism of food and toxins in the environment. Vitamin E may be beneficial at reducing UV damage to skin.